Virtues of Fasting 'Ashura

I heard that fasting the day of 'Ashura expiates for the past year, is this true? Does it expiate for everything, even major sins? What is the reason for venerating this day?.

Summary of answer

Fasting the day of 'Ashoora' does explate for the past year. The explation of sins that is achieved by fasting 'Ashoora' refers to minor sins; with regard to major sins, they need separate repentance.

Answer

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- Firstly: What is the reward of fasting 'Ashura?
- Secondly: Why did the Prophet fast the day of 'Ashura?
- Thirdly: What are the sins that are explated by fasting 'Ashura?

Praise be to Allah, and blessings and peace be upon the Messenger of Allah.

Firstly: What is the reward of fasting 'Ashura?

Fasting the day of 'Ashura does expiate for the past year, because the Prophet (peace and blessings of Allah be upon him) said: "Fasting the day of 'Arafah I hope Allah will expiate thereby for the year before it and the year after it, and fasting the day of 'Ashura I hope Allah will expiate thereby for the year that came before it." Narrated by Muslim, 1162. This is by the bounty that Allah bestows upon us, whereby fasting one day expiates for the sins of a whole year. And Allah is the Owner of great bounty. The Prophet (peace and blessings of Allah be upon him) used to be very keen to make sure he fasted on the day of 'Ashura because of its great status. It was narrated that Ibn 'Abbaas (may Allah be pleased with him) said: I never saw the Prophet (peace and blessings of Allah be upon him) so keen to make sure he fasted any day and preferring it over another except this day, the day of 'Ashura, and this month – meaning Ramadaan. Narrated by al-Bukhaari, 1867.

What is meant by being keen to make sure he fasted it is so as to earn its reward.

Secondly: Why did the Prophet fast the day of 'Ashura?

With regard to the reason why the Prophet (peace and blessings of Allah be upon him) fasted on the day of 'Ashura and urged the people to do likewise is mentioned in the hadeeth narrated by al-Bukhaari (1865) from Ibn 'Abbaas (may Allah be pleased with him), who said: The Prophet (peace and blessings of Allah be upon him) came to Madeenah and saw the Jews fasting on the day of 'Ashura. He said, "What is this?" They said, "This is a good day, this is the day when Allah saved the Children of Israel from their enemy and Moosa fasted on this day." He said, "We are closer to Moosa than you." So he fasted on this day and told the people to fast.

The words "this is a good day" – according to a version narrated by Muslim, "This is a great day when Allah saved Moosa and his people and drowned Pharaoh and his people."

The words "so Moosa fasted on this day" – Muslim added in his report: "In gratitude to Allah, so that is we fast on this day."

According to another version narrated by al-Bukhaari, "So we fast it out of respect for it."

The words "and told the people to fast" – according to another version narrated by al-Bukhaari, "He said to his companions, 'You are closer to Moosa than them, so fast this day."

Thirdly: What are the sins that are expiated by fasting 'Ashura?

The expiation of sins that is achieved by fasting 'Ashura refers to minor sins; with regard to major sins, they need separate repentance.

Al-Nawawi (may Allah have mercy on him) said:

Fasting the day of 'Arafaah expiates for all minor sins, in othr words this brings forgiveness for all sins except for major sins.

Then he said:

Fasting the day of 'Arafaah is an expiation for two years, and the day of 'Ashoora is an expiation for one year, and if a person's Ameen coincides with the Ameen of the angels, his previous sins will be forgiven... Each of the things mentioned may bring expiation. If he does something that expiates for minor sins he will be expiated, and if there are no minor or major sins, it will be recorded for him as good deeds and he will rise in status thereby... If there is one or more major sins and no minor sins, we hope that it will reduce his major sins. Al-Majmoo' Sharh al-Muhadhdhab, part 6.

Shaykh al-Islam Ibn Taymiyah (may Allah have mercy on him) said: The expiation of purification, prayer, and fasting Ramadaan, 'Arafah and 'Ashura applies to minor sins only. Al-Fataawa al-Kubra, part 5. And Allah knows best. Islam Q&A

Summary of answer

1. The day of 'Ashura is one of the significant days on which the Prophet (peace be upon him) prescribed we should fast. This day is not for Moosa (peace be upon him); rather it is for the saving of the believers.

 The reason for fasting it is that it is the day on which Allah saved Moosa and drowned Pharaoh and his troops, and there covered them from the sea that which covered them. So the Prophet fasted on this day, and he enjoined the Sahaabah to fast on this day too.
When Allah enjoined fasting the month of Ramadan, this ruling was abrogated, and fasting on this day became Sunnah.

Answer

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- The reason for fasting on the day of 'Ashura
- Quraysh used to venerate the day of 'Ashura
- Moosa fasted the day of 'Ashura as an act of gratitude to Allah

Praise be to Allah, and blessings and peace be upon the Messenger of Allah.

The reason for fasting on the day of 'Ashura

It was narrated that Ibn 'Abbas (may Allah be pleased with him) said: The Messenger of Allah (blessings and peace of Allah be upon him) came to Madinah, and he found the Jews fasting on the day of 'Ashura. They were asked about that and they said: This is the day on which Allah granted victory to Moosa and the Children of Israel over Pharaoh. We fast on this day out of respect for it. The Prophet (blessings and peace of Allah be upon him) said: "We are closer to Moosa than you," and he enjoined fasting on that day. Narrated by al-Bukhaari (3943) and Muslim (1130). The day of 'Ashura is one of the significant days on which the Prophet (blessings and peace of Allah be upon him) prescribed we should fast. This day is not for Moosa (peace be upon him); rather it is for the saving of the believers. The reason for fasting it is that it is the day on which Allah saved Moosa and drowned Pharaoh and his troops, and there covered them from the sea that which covered them (cf. 20:78). So the Prophet (blessings and peace of Allah be upon him) fasted on this day, and he enjoined the Sahaabah to fast on this day too, by way of following the example of Moosa (peace be upon him) and out of gratitude to Allah, may He be exalted. When Allah enjoined fasting the month of Ramadan, this ruling was abrogated, and fasting on this day became Sunnah.

Abu'l-'Abbas al-Qurtubi said: It may be said that Allah, may He be exalted, gave him permission to fast on this day. When he came to Madinah he found the Jews fasting on this day, and he asked them what made them fast on this day? And they answered in the manner mentioned by Ibn 'Abbas, that it was a significant day, on which Allah saved Moosa and his people, and drowned Pharaoh and his people. So Moosa fasted on this day as an act of gratitude, and we also fast on this day. The Prophet (blessings and peace of Allah be upon him) said: "We are more deserving of being closer to Moosa than you." So at that time he fasted on this day in Madinah and instructed (the Muslims) to do likewise. In other words, he enjoined fasting on this day and emphasized the importance of doing so, to the extent that they would also make the children fast. The Prophet (blessings and peace of Allah be upon him) adhered to that, as did his Companions, until fasting the month of Ramadan was enjoined, and the obligation to fast on the day of 'Ashura was abrogated. At that time, he said: "Allah has not prescribed for you to fast this day." Then it was made optional to fast on this day or not, but it remains an act of virtue, as the Prophet (blessings and peace of Allah be upon him) said, "But I will fast on this day," as is mentioned in the hadith of Mu'aawiyah.

Based on that, the Prophet (blessings and peace of Allah be upon him) did not fast on the day of 'Ashura in imitation of the Jews, because he used to fast on this day before he came to them, and before he knew about them. Rather what happened when he came to Madinah was that he enjoined it and adhered to it by way of seeking to soften the Jews' hearts and win them over, as was also the reason for facing their qiblah. This was the time at which the Prophet (blessings and peace of Allah be upon him) liked to be in harmony with the People of the Book in matters concerning which there was no prohibition on doing so. End quote from al-Mufhim lima ashkala min Talkhees Kitaab Muslim (3/192).

Secondly:

Quraysh used to venerate the day of 'Ashura

Ibn al-Qayyim said: Undoubtedly Quraysh used to venerate this day, and they used to cover the Ka'bah on this day, and fasting on this day is part of venerating it. But they used to work out the months by sighting the new moons, so for them, that day was the tenth of Muharram. When the Prophet (blessings and peace of Allah be upon him) came to Madinah, he found the people venerating this day and fasting thereon, so he asked them about it, and they said: It is the day on which Allah saved Moosa and his people from Pharaoh. The Prophet (blessings and peace of Allah be upon him) said: "We are closer to Moosa than them," so he fasted on this day and enjoined the Muslims to fast, in an affirmation of the significance of this day. And he (blessings and peace of Allah be upon him) stated that he and his ummah were closer to Moosa than the Jews; if Moosa fasted on this day out of gratitude to Allah, then it is more appropriate that we should follow his example more than the Jews, especially if we say that what was prescribed for those who came before us is also prescribed for us, so long as what is prescribed for us does not contradict it.

If it is asked: how do you know that Moosa used to fast on this day? We say: It is proven in as-Saheehayn that when the Messenger of Allah (blessings and peace of Allah be upon him) asked them about it, they said: It is a significant day on which Allah saved Moosa and his people, and drowned Pharaoh and his people, so Moosa fasted on this day out of gratitude to Allah, and we also fast on this day. The Messenger of Allah (blessings and peace of Allah be upon him) said: "We are more deserving of being closer to Moosa than you"; so he fasted on this day and enjoined (the Muslims) to fast too.

Because he approved of what they said and did not say that they were telling lies, it is known that Moosa fasted on this day out of gratitude to Allah, so this added to the esteem in which this day was held before the Hijrah, and thus it became even more emphasized, to the extent that the Messenger of Allah (blessings and peace of Allah be upon him) sent a caller to call out in different parts of Madinah, instructing people to fast on this day, and instructing those who had eaten to refrain from eating for the rest of the day. What appears to be the case is that this was emphatically enjoined upon them and made obligatory."(Zaad al-Ma'aad 2/67).

For more information on the Day of 'Ashura and related matters, please see the answers to questions no. 128633 and 21775.

Thirdly:

Moosa fasted the day of 'Ashura as an act of gratitude to Allah

We do not understand what is meant in the question, why did Allah make the day of 'Ashura for Moosa...? If the question is about fasting, Allah has prescribed fasting for this ummah, more than what was prescribed for those who came before us, and the month of Ramadan is the month of Ramadan.

If the question is about showing gratitude, then it is well known that the Prophet did acts of gratitude to the Lord of the Worlds, and he would stand in (voluntary) prayer at night until his feet swelled. He was asked about that, and he said: "Should I not be a grateful slave?"

Such was the fast of Moosa (peace be upon him) and the believers who were with him; it was an act of gratitude to the Lord of the Worlds, for saving them from the enemy of Allah Pharaoh and his troops, by means of this great miracle, and the Jews fasted on this day after that. The Prophet (blessings and peace of Allah be upon him) said that in fact the ones who should really rejoice over that and give thanks to Allah for this blessing are the believers, namely the Prophet (blessings and peace of Allah be upon him) and those who were with him, because they are closer to Moosa than those who opposed him, did not adhere to his law, and did not believe in Muhammad (blessings and peace of Allah be upon him), for the Prophets took the pledge from their people that they would believe in him and follow him.

Moreover, the power of prescribing laws belongs to Allah alone; He prescribes for His slaves whatever He wills and chooses for them. He gives to some of his Prophets what he does not give to others. This is something that is well known and well established. Allah, may He be exalted, says (interpretation of the meaning):

"And your Lord creates what He wills and chooses; not for them was the choice. Exalted is Allah and high above what they associate with Him" [Al-Qasas 28:68]

"Those messengers - some of them We caused to exceed others. Among them were those to whom Allah spoke, and He raised some of them in degree. And We gave Jesus, the Son of Mary, clear proofs, and We supported him with the Pure Spirit" [Al-Baqarah 2:253]

"And your Lord is most knowing of whoever is in the heavens and the earth. And We have made some of the prophets exceed others [in various ways], and to David We gave the book [of Psalms]" [Al-Isra' 17:55].

If we assume that Moosa's fasting on this day was one of his special virtues, and the virtue of fasting on this day was emphasized by the fact that the Prophet (blessings and peace of Allah be upon him) and his ummah fasted on this day, and it is made clear that it is more appropriate for them, rather than any other nation, to give thanks for the blessing that Allah bestowed upon Moosa, then is it appropriate for the Muslim to ask his Lord why He favoured His Prophet Moosa and singled him out for this virtue to the exclusion of other Prophets? Is there any wisdom behind this question, or any rational or legitimate reason for asking it? Or does it come under the heading of inquiring into matters which do not benefit a person in either his religious or worldly affairs? The Lord of the Worlds, may He be exalted, says, glorifying Himself (interpretation of the meaning):

"So exalted is Allah, Lord of the Throne, above what they describe.

He is not questioned about what He does, but they will be questioned" [Al-Anbiya' 21:22-23]. And Allah knows best. Islamqa

Is It Recommended to Fast on the 9th of 'Ashura with the 10th?

Summary of answer

It is recommended to fast both the ninth and the tenth of 'Ashura because the Prophet (peace be upon him) fasted the tenth and intended to fast the ninth.

Answer

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- It is recommended to fast on the 9th of 'Ashura with the 10th
- The wisdom of fasting the 9th of 'Ashura with the 10th

Praise be to Allah, and blessings and peace be upon the Messenger of Allah.

It is recommended to fast on the 9th of 'Ashura with the 10th

'Abd-Allaah ibn 'Abbaas (may Allaah be pleased with him) said: When the Messenger of Allaah (peace and blessings of Allaah be upon him) fasted on the day of 'Ashoora and told the people to fast, they said, "O Messenger of Allaah, this is a day that is venerated by the Jews and Christians." The Messenger of Allaah (peace and blessings of Allaah be upon him) said, "Next year, if Allaah wills, we will fast on the ninth day." But by the time the following year came, the Messenger of Allaah (peace and blessings of Allaah be upon him) had passed away. Narrated by Muslim, 1916.

Al-Shaafa'i and his companions, Ahmad, Ishaaq and others said: It is mustahabb [recommended] to fast both the ninth and the tenth, because the Prophet (peace and blessings of Allaah be upon him) fasted the tenth and intended to fast the ninth.

The wisdom of fasting the 9th of 'Ashura with the 10th

Based on this, there are different ways of fasting 'Ashura, the least of which is to fast the tenth only, but it is better to fast the ninth as well. The more one fasts in Muharram, the better.

If one were to ask, what is the wisdom behind fasting the ninth as well as the tenth? The answer is:

Al-Nawawi (may Allaah have mercy on him) said: The scholars among our companions and others said that there are several reasons for recommending fasting on the ninth day (Tasoo'a'):

1 – The intention behind it is to be different from the Jews who limit their fasting to the tenth day. This was narrated from Ibn 'Abbaas.

2 – The intention was to join the fast of 'Ashura to another day, just as it is not allowed to fast on a Friday on its own [but it is allowed if one fasts the day before or the day after as well].

3 – The idea is to be on the safe side and make sure one is fasting on the tenth, in case the moon sighting was not accurate and what people think is the ninth is actually the tenth.

The strongest of these reasons is in order to be different from the People of the Book. Shaykh al-Islam Ibn Taymiyah said: The Prophet (peace and blessings of Allaah be upon him) forbade resembling the People of the Book in many ahaadeeth. For example, he said concerning 'Ashura: "If I live until next year I will certainly fast the ninth." Al-Fataawa al-Kubra, part 6.

Ibn Hajar (may Allaah have mercy on him) said, commenting on the hadeeth "If I live until next year I will certainly fast the ninth":

His concern to fast the ninth may be understood as meaning that he would not limit himself to that, rather that he would add it to the tenth, either to be on the safe side, or to be different from the Jews and Christians, which is more likely to be correct; this is what may be understood from some of the reports narrated by Muslim." From Fath al-Baari, 4/245. And Allah knows best. Islamqa.cpm

What Is the Ruling on Singling out 'Ashura for Fasting?

Summary of answer

It is permissible to fast the day of 'Ashura on its own, but it is better to fast the day before it or the day after it.

Answer

Praise be to Allah, and blessings and peace be upon the Messenger of Allah.

Shaykh al-Islam [Ibn Taymiyah] said: Fasting the day of 'Ashura is expiation for one year, and it is not makrooh to single out this day for fasting. Al-Fataawa al-Kubra, part 5.

In Tuhfat al-Muhtaaj by Ibn Hajar al-Haythami it says: There is nothing wrong with fasting 'Ashura on its own. Part 3, Baab Sawm al-Tatawwu'.

The Standing Committee was asked this question and replied as follows:

It is permissible to fast the day of 'Ashura on its own, but it is better to fast the day before it or the day after it. This is the Sunnah that is proven from the Prophet (peace and blessings of Allah be upon him), as he said, "If I am still alive next year, I will certainly fast the ninth." Narrated by Muslim, 1134.

Ibn 'Abbaas (may Allah be pleased with him) said: He meant, along with the tenth.

And Allah is the Source of strength.

Al-Lajnah al-Daa'imah li'l-Buhooth al-'llmiyyah wa'l-lfta', 11/401.

Source: Islam Q&A