Launching Save Uighur to End China's Concentration Camps

**Wednesday | Jumada' II 1, 1440 AH |Feburary 06, 2019**

Assalamu Alaykum,

For months I have been asked one question by Uighur brothers and sisters, often with tearful eyes: why are Muslims so silent about what China is doing to us?

Today Sound Vision is launching a Save Uighur Campaign, a sister campaign to Burma Task Force. Sound Vision has been running an educational Facebook page about the suffering of Muslims in China for years engaging more than 43,000 followers.

**Here is what you have available now:**

* [SaveUighur.org](http://org2.salsalabs.com/dia/track.jsp?v=2&c=o%2Fx%2BH3XUevEoGTtxVsdJWKJGY40QQkm2) website
* Call & write to your elected leaders through [SaveUighur.org/Congress](http://org2.salsalabs.com/dia/track.jsp?v=2&c=jrcSRw9IcQBqswHmJa%2F7xT%2BfX3Nh6Alc)
* A 4 page brochure describing the issue. Send an email to request bulk copies for your congregations: info@SaveUighur.org

**100 Imams Statement:**

We set out [100 Imams to sign a statement in support of Uighur people](http://org2.salsalabs.com/dia/track.jsp?v=2&c=NSIesWMxzBvx%2BZ8Ef5xkUD%2BfX3Nh6Alc). We ended up with 120-plus Muslim American imams calling upon Muslim Americans and our neighbors of other faiths to support Uighur Muslims in the hour of their need. They are calling upon us all to come to Washington D.C. to oppose the genocide of Uighur people on April 6.

**Action Items:**

**Feb 7:** Take 10 minutes to join a call in day to pass Senate bill S.178 & House bill H.R. 649 to save Uighur lives, end concentration camps in China and unite separated families. Tweet your Senators and Congressperson.

**Feb 8:** Protest Rally in Grand Rapids, MI against the visiting Chinese ambassador who has been defending the concentration camps that China wants to use to make Uighur “normal” people.

**March 2:** All this effort takes funds. We have the first fundraiser planned for this campaign. Please [join us if in Houston](http://org2.salsalabs.com/dia/track.jsp?v=2&c=fT3fKPrBT6q0yyu0MZEY5z%2BfX3Nh6Alc) or [donate today.](http://org2.salsalabs.com/dia/track.jsp?v=2&c=pmG8m8SGZYnmoxRUpUu7sD%2BfX3Nh6Alc)

**April 6:** Save Uighur Campaign along with American Uyghur Association and the Uyghur Human Rights Project are organizing a massive rally in Washington D.C. I hope you will join us and bring your friends of other faith communities with you.

**A Brief Background**

* A little over one million Uighur Muslim men have been taken to the camps.
* Uighur children are taken against their will to orphanages where they are forced to denounce their religion. China is raising them as loyal Chinese Communists. A Chinese foreign office spokesperson says it is for children's “benefit”
* And Uighur women are forced to live with Chinese Communist men in their own homes. Chinese government admits that it has sent one million Chinese communists as "guests" to Uighur homes.
* Uighurs are Turkic-speaking Muslims with Arabic script language. They live in Eastern Turkistan which China occupied about 70 years ago and calls it Xinjiang which literally means “new colony.” They have suffered under Chinese occupation for a long time but now this oppression has taken a shape of a genocide.

Sounds unbelievable? Yes. But it’s true. I have met many Uighur people whose families are going through these genocidal policies.

Salam

Abdul Malik Mujahid

p.s. A couple of months ago after listening to an Uighur sister’s story, I had difficulty sleeping. When I did sleep a poem composed by itself in my dream, a first for me. [Please read it here](http://org2.salsalabs.com/dia/track.jsp?v=2&c=ltfBAxG0BFSLLxjH88X9fT%2BfX3Nh6Alc).

p. p.s. Please link SaveUighur.org from your website. Also put the website link on your notice board.

**What is happening with Uyghur Muslims under Chinese Surveillance in XinYang?**

**Check out the new details that have emerged about how Beijing spies on Uighurs Muslims at home and abroad.**

*Current Affairs*

*Rida Ghaffar*

*Friday February 01, 2019*

The torture on Uighur Muslims has been going on since over 2 years now and it keeps getting worse overtime. A [Chinese Muslim](https://www.islamicfinder.org/iqra/i-begged-them-to-kill-me-says-this-muslim-woman-from-china/) victim, Mihrigul **Tursun**, last year came out in the open and revealed about the horrendous happenings in the **‘re-education camps’** which of course is ironic in terms of practice. Similarly, more news and insights get explored when more confess and enhance on the situation going on.

Yusuf **Amat**, a Chinese spy, met the Al Jazeera member and exposed information beyond what one could possibly imagine. Amat is a Uighur. A Muslim ethnic-minority group in China, Uighurs have been the target of a major crackdown by the government in Beijing. A United Nations human rights panel says this has led to up to a million people being imprisoned, in what the Chinese call "reeducation centres". Amat explains his role was to feed information to officials.

"I reported on everything people did - what they ate, drank, what they did in private in their homes, whether it was friends or relatives, I shared it all."

Amat says his information was sent to authorities. What upsets Amat, he says, is that the officials often imprisoned people for "harmless and inconsequential" reasons.

"You could have a long beard or some religious text on your phone, or maybe you studied abroad or had a long-distance phone call with someone overseas. It could all land you in detention."

Amat says he began spying in 2012 because officials arrested and tortured his mother, threatening to keep her in detention unless he agreed to work for them.

"From when I was young, I always told myself I would protect my mum. But I didn't do it. When they took me to see her, my heart was so pained."

Amat says his handler sent him to also spy abroad, as part of China's expanding global network of surveillance. From 2012 to 2018, Amat says he was told to infiltrate Uighur communities in **Afghanistan, Pakistan**and **Turkey**. He says Beijing has "countless" informants around the world.

"I’m from the small town of Karamay and I'm just one of many my handler deals with. There are dozens of towns the same size throughout Xinjiang, not to mention big cities. And then there are the international operations. So you can imagine how many eyes are out there."

And Amat says China is getting bolder on the international front, claiming government operatives have abducted Uighurs abroad. Once back in China, he says, many disappear into the reeducation centres.

China's government denies Uighurs are being arrested arbitrarily and held against their will and says these are "voluntary" vocational training facilities, designed to provide job training and to stamp out "extremist" tendencies.

Amat says the government is "outright lying" and he himself spent a year and a half in a detention centre, having been arrested for trying to fly to the Middle East and join Muslim fighters.

It was while he was serving his sentence that he says authorities recruited him. Once he agreed to be an informant, Amat says he was given the job of cleaning the detention facilities. His rounds gave him access to many areas of the centre.

"I've seen many people being beaten in interrogations inside. At times they used bare electrical cords - which inflict pain beyond what you can imagine. Those who were beaten made horrible shrieks, especially the young ladies my age. What I can't forget is the blood - human blood on the floor, on the walls, everywhere, afterwards."

Another victim; Abduweli Ayup, a teacher and writer, spent 15 months in three facilities in Urumqi, the capital of Xinjiang province. On the day of his arrest, he says police officers allegedly took him to a holding cell and raped him.

"The first day was very bad," says Ayup.

"They stripped me of my clothes, slapped my buttocks and then they abused me ... more than 20 Chinese guys. The next day, police asked me, 'One day, if you guys are in power, what will you do to us?' I said, 'Look, I'm a human being, I'm not an animal like you'."

Ayup says in the months that followed, he was regularly beaten by other inmates. Prison guards ignored his calls for help, he adds.

"They want you to be tortured like this. If you're tortured a lot, it’s easier for you to cooperate with them during the interrogation."

Ayup says the rape and beatings were orchestrated to get him to admit to being a separatist or a "terrorist".

"I am a teacher, I am a scholar. I have never thought about these things. I am not a separatist. I am not a terrorist. What do I have to confess?" he asks.

Ayup was jailed for raising money for Uighur schools after Chinese authorities made it illegal for children to learn the Uighur language.

"They want to delete Uighur. They want Uighurs to believe the Chinese Communist Party is God," Ayup says.

After being released, Ayup says he feared he would be locked up again, so he fled with his family to Turkey. Uighurs share a long history with the country and thousands have settled there in the last decade. In Istanbul, Ayup has been documenting the stories of Uighur detainees. One of those is Gulbakhar Jaliloua, who said:

"I was held for one year, three months, 10 days ... I counted every single hour and minute. An hour felt like a year.”

Jaliloua says she was arrested in Xinjiang while picking up a shipment for her clothing business. What baffles her about the arrest is that she isn't even a Chinese citizen. When she told authorities she was from Kazakhstan, they simply hid her identity, Jaliloua says.

"They gave me a Chinese name and Chinese ID number so the Kazakhstan embassy couldn't find me."

Jaliloua recounts how she was crammed into a small cell with up to 35 other women, and then subjected to terrifying interrogations that sometimes lasted 24 hours.

"They put a black hood on my head, and handcuffs and chains … I couldn't walk fast with the leg cuffs, so they kept pushing me. When I fell down, they dragged me to the interrogation room."

Jaliloua says she and other Muslim inmates were not allowed to pray and they lived in constant fear they would be punished if found to be secretly doing so. In detention, she lost 30kg but says her treatment was better than that meted out to Chinese Uighurs.

"There was this young woman named Patigul … One day, she came back with her hair all messed up ... She showed me the right side of her head. It was swollen and bleeding … after a heavy beating."

Chinese officials categorically deny accusations of abuse and ignore growing international calls to shut down the "reeducation" centres. The government says it will allow UN officials to visit the facilities, so long as they "abide by Chinese law … avoid interfering in domestic matters … and instead, take on a neutral and objective attitude".

Amat says it is no longer possible for him to stay silent on the treatment of his people.

"China thinks what they're doing is right, but they're wrong," he says. "Yes, every country has their own laws, but there is also a universal international standard. And in my eyes, they're seriously violating this standard. Uighurs don't have a right to our own freedom, to live the way we would like."

Amat confesses he's been consumed with guilt for informing on fellow Uighurs. "It's like a painful needing stabbing into me every time."

I asked him why he's decided to share this information now. Amat says he longer has much to lose. Most of his family have been placed in centres, in part, he says, because of his spying.

"My sister, my mother and my brother-in-law, his brothers, their parents, my uncle … they're all in jail. They're all in there."

Amat says he moved to Zonguldak because few Uighurs live in the town, making it harder for Chinese officials to ask him to spy. Now that he's spoken to media, he says it's likely he'll face retribution. But he says he's ready.

"This is not just about my immediate family, this is about taking a stand for every Uighur. They're all my family. My own life doesn't matter. Whatever happens, happens. I've lived enough."

Despite China’s claims of contributing to poverty eradication, numerous reports from relatives of detainees say that their loved ones were actually well-educated and were in high-paying jobs before their arrest; they were not in need of the Government’s poverty alleviation programme.

Rezila Nulale, a 25-year-old college graduate, worked in advertising in Xinjiang’s capital city Urumqi, where she afforded a comfortable urban lifestyle. After returning from a visit to her family in Kazakhstan, she disappeared into one of the detention camps and was discovered to have been forced into weaving clothes within one of the factories.

Nulale’s mother, Nurbakyt Kaliaskar who lives in Kazakhstan, learned that her daughter wasn’t being paid, nor was she allowed to leave. Contact between detainees and family members is mostly prohibited or strictly monitored if allowed at all.

Luopu County, in South Xinjiang, bore the brunt of the crackdown. Despite being a relatively sparsely populated county, with only 280,000 residents, it is home to eight internment camps.

In an analysis of 28 camps across **Xinjiang**, the Australian Strategic Policy Institute found that there was a 465 per cent expansion rate in the size of camps since 2016, with one camp increasing 2469 per cent in size between 2016 and 2018. Over the past two years, Government spending on domestic security in Xinjiang has almost doubled and Hotan prefecture, where Luopu county is, has seen a threefold increase.

This has become one of the world’s most urgent human rights crises, and despite small-scale action by a handful of individuals, it has still not received the attention needed to cause change.

We must pray for our fellow [Muslims](https://www.islamicfinder.org/iqra/muslims-plan-prayer-event-to-remember-quebec-mosque-shooting-victims/) and make [duas for protection and help from Allah](https://www.islamicfinder.org/duas/masnoon/for-protection-and-help-from-allah/) (SWT) for all. May Allah (SWT) give [patience](https://www.islamicfinder.org/iqra/why-patience-is-a-virtue/) and bring ease for them and us all. Ameen.

Sources: [Al Jazeera](https://www.aljazeera.com/blogs/asia/2019/01/exposed-china-surveillance-muslim-uighurs-190130011449217.html) and [The Muslim News](http://muslimnews.co.uk/newspaper/top-stories/uyghur-muslims-forced-labour-chinas-concentration-camps/)

**"I begged them to kill me", says this Muslim woman from China**

**Get to know why millions of Muslim lives are at stake in China.**

*Current Affairs*

*Rida Ghaffar*

*Tuesday December 04, 2018*

A**Uighur** Muslim woman and mother of three said she was tortured and abused at an internment camp where the Chinese government is detaining hundreds of thousands of people from religious minorities. She also told Congressional committee this week that she suffered the loss of a child in this wrath. She initiated for U.S. to take action against China’s mass detention of the Muslim minority.

According to [Independent News](https://www.independent.co.uk/news/world/asia/uighur-muslim-china-mihrigul-tursun-torture-reeducation-camps-a8656396.html),**Mihrigul Tursun**, 29 of age, told reporters in Washington of having been interrogated for four days in a row without sleep. She was forced to have her hair shaved, got electrocuted and was subjected to an intrusive medical examination following her second arrest in China in 2017. After she was arrested a third time, the treatment grew worse. she told journalists at a meeting at the National Press Club:

*“I thought that I would rather die than go through this torture and begged them to kill me. They told me my mother and son had died. My father was serving life in prison and that my family was torn apart because of me.”*

The claims come amid growing global concern over Chinese treatment of the ethnic minority group, the majority of which are Muslim. China is thought to have incarcerated as many as two million Uighurs in “**re-education camps**” to promote what the government calls “**ethnic unity**” in the country’s far west. Until October 2018, Chinese authorities officially denied the existence of the camps. Since then, reports have noted malnourishment, numerous deaths, particularly among the elderly and infirm, and in some cases the forced administration of psychiatric drugs persisted.

The victim said she was raised in China, but shifted to Egypt to study and soon met her husband with whom she had triplets. In 2015, she returned to China to spend time with her family. However, she was immediately detained and separated from her infant children. When she was released three months later, the shattering news of death of one of the triplets bombarded. Meanwhile, the other two had developed health problems. This is because the children had been operated on.

The Muslim woman, according to the [Times](http://time.com/5467628/china-uighur-congress-torture/), again got arrested, after two years. She was then detained again after several months, now third time, and spent three months in a conjested prison cell along with 60 other women. They slept in turns, used the toilet in front of security cameras and sang songs praising China’s Communist Party.

Ms Tursun said she and other victims were forced to take unknown medication, including pills that made them faint. Nine women from her cell had also died during the three months she was there. One day, Ms. Tursun recalled, she was led into a room and placed in a high chair; her legs and arms locked in place. In a statement read by a translator, she said:

*“The authorities put a helmet-like thing on my head, and each time I was electrocuted, my whole body would shake violently and I would feel the pain in my veins.”*

She further added:

*“After being in the camp for three months, I kept having seizures and losing consciousness. The last word I heard them saying is that you being an Uighur is a crime.”*

She was eventually released so that she could take her children to Egypt, but was ordered to return to China. Once in Cairo, Ms Tursun contacted US authorities and, in September, went to America and settled in Virginia. In the past week, over 270 scholars from 26 countries published a statement condemning the ‘mass human rights abuse and deliberate attacks on indigenous cultures’ in China. Even earlier this month, China said 15 foreign ambassadors, who wrote a letter expressing their concern about the incarcerations, should not interfere in the internal affairs of other countries.

It is reported that more than a million Han Chinese people have moved into the houses of Uighur Muslim families to report on whether they display Islamic or unpatriotic beliefs. The informants, who describe themselves as “relatives” of the families they are staying with, are said to have received specific instructions on how to get them to let their guard down, including offering them cigarettes and alcohol.

China has claimed the Uighur Muslims are grateful to be detained in mass internment camps, saying it makes their lives more ‘colourful’. The authorities depicted the re-education camps as an attempt to bring the largely Muslim minority into the ‘modern, civiilized’ world. Of course, this all is not how its addressed. Turson urged Congressional committee members to “**take strong action**” against officials responsible for China’s policy in Xinjiang and to protect vulnerable Uighur refugee communities around the world. The Holy Quran states:

*And what is [the matter] with you that you fight not in the cause of Allah and [for] the oppressed among men, women, and children who say, "Our Lord, take us out of this city of oppressive people and appoint for us from Yourself a protector and appoint for us from Yourself a helper?" (*[*Surah Nisa: 75*](https://www.islamicfinder.org/quran/surah-an-nisaa/75)*)*

See also: [Al Quran Online](https://www.islamicfinder.org/quran)

Our fellow Muslim brothers and sisters, these people need our [prayers](https://www.islamicfinder.org/prayer-times/). May Allah (SWT) bestow them with peace and hinder them of further torture. Many are not aware of these cruel measures being taken against Muslims of China. Spread this message to enlighten others so they can also contribute their share of Duas.

See also:[Duas for protection from oppressors](https://www.islamicfinder.org/duas/masnoon/for-protection-from-oppressors/)

رَبَّنَا أَخْرِجْنَا مِنْ هَٰذِهِ الْقَرْيَةِ الظَّالِمِ أَهْلُهَا وَاجْعَلْ لَنَا مِنْ لَدُنْكَ وَلِيًّا وَاجْعَلْ لَنَا مِنْ لَدُنْكَ نَصِيرًا

***rabbana akhrijna min hathihialqaryati aththalimi ahluhawajAAal lana min ladunka waliyyan wajAAallana min ladunka naseera***

Our Lord! Rescue us from this town whose people are oppressors; and raise for us from You one who will protect, and raise for us from You one who will help.

Surah An-Nisa - 4:75

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[**SHARE**](https://www.islamicfinder.org/duas/masnoon/for-protection-from-oppressors/)

**For protection from oppressors - 2**

اللّهُـمَّ أَنْتَ عَضُـدي، وَأَنْتَ نَصـيري، بِكَ أَجـولُ وَبِكَ أَصـولُ وَبِكَ أُقـاتِل

***Allaahumma 'Anta 'adhudee, wa 'Anta naseeree, bika 'ajoolu, wa bika 'asoolu, wa bika 'uqaatilu***

O Allah, You are my strength and You are my support. For Your sake I go forth and for Your sake I advance and for Your sake I fight.

Abu Dawud: 2632

**For protection and help from Allah - 1**

اللَّهُمَّ مُنْزِلَ اْلِكتَابِ ، سَرِيْعَ الْحِسَابِ ،اِهْزِمِ الإْحْزَابَ ،اللَّهُمَّ اِهْزِمْهُمْ وَزَلْزِلْهُمْ

***Allaahumma munzilal-kitaabi, saree'al-hisaabi, ihzimil-'ahzaaba, Allaahumma ihzimhum wa zalzilhum***

Allah, Revealer of the Book, Swift to account, defeat the groups (of disbelievers). O Allah, defeat them and shake them.

Al-Bukhari: 2933, 6392, 4115, 7489

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**For protection and help from Allah - 2**

قُلْ هُوَ اللهُ أَحَدٌ اللهُ الصَّمَدُ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

***Bismillaahir-Rahmaanir-Raheem. Qul Huwallaahu 'Ahad. Allaahus-Samad. Lam yalid wa lam yoolad. Wa lam yakun lahu kufuwan 'ahad***

He is Allah (the) One. The Self-Sufficient Master, Whom all creatures need, He begets not nor was He begotten, and there is none equal to Him.

Surah Al-Ikhlas 112:1-4

**COPY**

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**For protection and help from Allah - 3**

اللهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

***Allaahu laa 'ilaaha 'illaa Huwal-Hayyul-Qayyoom, laa ta'khuthuhu sinatun wa laa nawm, lahu maa fis-samaawaati wa maafil-'ardh, man thal-lathee yashfa'u 'indahu 'illaa bi'ithnih, ya'lamu maa bayna 'aydeehim wa maa khalfahum, wa laa yuheetoona bishay'im-min 'ilmihi 'illaa bimaa shaa'a, wasi'a kursiyyuhus-samaawaati wal'ardh, wa laa ya'ooduhu hifdhuhumaa, wa Huwal-'Aliyyul- 'Adheem***

Allah! There is none worthy of worship but He, the Ever Living, the One Who sustains and protects all that exists. Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the earth. Who is he that can intercede with Him except with His Permission? He knows what happens to them in this world, and what will happen to them in the Hereafter. And they will never compass anything of His Knowledge except that which He wills. His Throne extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great.

Surah Al-Baqarah - 2:255

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**For protection and help from Allah - 4**

قُلْ هُوَ اللهُ أَحَدٌ اللهُ الصَّمَدُ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

***Bismillaahir-Rahmaanir-Raheem. Qul Huwallaahu 'Ahad. Allaahus-Samad. Lam yalid wa lam yoolad. Wa lam yakun lahu kufuwan 'ahad***

He is Allah (the) One. The Self-Sufficient Master, Whom all creatures need, He begets not nor was He begotten, and there is none equal to Him.

Surah Al-Ikhlas 112:1-4

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**For protection and help from Allah - 5**

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ مِنْ شَرِّ مَا خَلَقَ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

***Bismillaahir-Rahmaanir-Raheem. Qul 'a'oothu birabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin 'ithaa waqab. Wa min sharrin-naffaathaati fil-'uqad. Wa min sharri haasidin 'ithaa hasad***

I seek refuge with (Allah) the Lord of the daybreak, from the evil of what He has created, and from the evil of the darkening (night) as it comes with its darkness, and from the evil of those who practice witchcraft when they blow in the knots, and from the evil of the envier when he envies.

Surah Al-Falaq 113:1-5

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**For protection and help from Allah - 6**

قُلْ أَعُوذُ بِرَبِّ النَّاسِ مَلِكِ النَّاسِ إِلَهِ النَّاسِ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ مِنَ الْجِنَّةِ وَالنَّاسِ

***Bismillaahir-Rahmaanir-Raheem . Qul 'a'oothu birabbin-naas . Malikin-naas . 'Ilaahin-naas . Min sharril-waswaasil-khannaas. Allathee yuwaswisu fee sudoorin-naas. Minal-jinnati wannaas***

I seek refuge with (Allah) the Lord of mankind, the King of mankind , the God of mankind , from the evil of the whisperer who withdraws, who whispers in the breasts of mankind, of jinns and men.

Surah An-Nas 114:1-6

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**For protection and help from Allah - 7**

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَسِيحِ الدَّجَّالِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ الْمَأْثَمِ وَالْمَغْرَمِ

***Allaahumma 'innee 'a'oothu bika min 'athaabil-qabri, wa 'a'oothu bika min fitnatil-maseehid-dajjaali, wa 'a'oothu bika min fitnatil-mahyaa walmamaati. Allaahumma 'innee 'a'oothu bika minal-ma'thami walmaghrami***

O Allah, I seek refuge in You from the punishment of the grave, and I seek refuge in You from the trial of the False Messiah, and I seek refuge in You from the trials of life and death. O Allah, I seek refuge in You from sin and from debt.

An-Nasa'i: 1310, Abu Dawud: 880

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**For protection and help from Allah - 8**

اللَّهُمَّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

***Allaahumma qinee 'athaabaka yawma tab'athu 'ibaadaka***

O Allah, save me from Your punishment on the Day that You resurrect Your slaves.

Abu Dawud: 5045, At-Tirmidhi: 3398

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**For protection and help from Allah - 9**

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّماوَاتِ وَالْأَرْضِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءاً، أَوْ أَجُرَّهُ إِلَى مُسْلِمٍ

***Allaahumma 'Aalimal-ghaybi wash-shahaadati faatiras-samaawaati wal'ardhi, Rabba kulli shay 'in wa maleekahu, 'ash-hadu 'an laa 'ilaaha 'illaa 'Anta, 'a'oothu bika min sham nafsee, wa min sharrish-shaytaani wa shirkihi, wa 'an 'aqtarifa 'alaa nafsee soo'an, 'aw 'ajurrahu 'ilaa Muslimin***

O Allah, Knower of the unseen and the evident , Maker of the heavens and the earth , Lord of everything and its Possessor , I bear witness that there is none worthy of worship but You . I seek refuge in You from the evil of my soul and from the evil of Satan and his helpers . (I seek refuge in You) from bringing evil upon my soul and from harming any Muslim.

At-Tirmidhi: 3529

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**For protection and help from Allah - 10**

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْللِي، وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي، وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيَّ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

***Allaahumma 'innee 'as'alukal-'afwa wal'aafiyata fid-dunyaa wal'aakhirati, Allaahumma 'innee 'as'alukal-'afwa wal'aafiyata fee deenee wa dunyaaya wa 'ahlee, wa maalee , Allaahum-mastur 'awraatee, wa 'aamin raw'aatee, Allaahum-mahfadhnee min bayni yadayya, wa min khalfee, wa 'an yameenee, wa 'an shimaalee, wa min fawqee, wa 'a'oothu bi'adhamatika 'an 'ughtaala min tahtee***

O Allah, I seek Your forgiveness and Your protection in this world and the next. O Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my secrets and preserve me from anguish . O Allah , guard me from what is in front of me and behind me , from my left , and from my right , and from above me . I seek refuge in Your Greatness from being struck down from beneath me.

Ibn Majah: 3871, Abu Dawud: 5074